



# Medicare Health Assessment for Aboriginal and Torres Strait Islander People (MBS Item 715)

## Older Person (55+) Health Assessment

Use of a specific form to record the results of the health assessment is not mandatory but the health assessment should cover the matters listed in the Explanatory Notes for the health assessment found at [www.health.gov.au/mbsonline](http://www.health.gov.au/mbsonline).

Patient's Name ..... Male  Female  DOB: / / \_\_\_\_ or Age: \_\_\_\_

Aboriginal  Torres Strait Islander  Aboriginal and Torres Strait Islander

Works status .....

### Current contact details

Address .....  
Phone .....

### Alternative contact details

Address .....  
Phone .....

### Patient Consent

Explanation of health check given Yes   
Patient consent for health check given Yes   
Date consent was given: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Consent given for information to be collected by:

Aboriginal and Torres Strait Islander health practitioner   
Practice nurse   
Other suitably qualified health professional

### Previous health assessment

Has the patient had a previous health assessment?  
Yes  No

Date of last health assessment (if known) / / \_\_\_\_  
Service provided by Dr. ....

### PATIENT'S OVERALL HEALTH

.....  
.....  
.....

### RISK FACTORS IDENTIFIED AND DISCUSSED WITH PATIENT

.....  
.....  
.....

### TESTS UNDERTAKEN, RESULTS AND WHAT THEY MEAN (some results may not be available)

TEST	AVAILABLE RESULTS AND WHAT THEY MEAN



**STRATEGY FOR GOOD HEALTH: REQUIRED TREATMENT/SERVICES/HEALTH ADVICE**

TREATMENT	HEALTH ADVICE	HEALTH SERVICES NEEDED

**ACTION TO BE TAKEN BY PATIENT**

.....  
.....

Next appointment with doctor:

Date: / /

Next Health Assessment:

Date: / /

GP: Dr. ....

GP's signature .....

Date: / /

**MEDICAL HISTORY**

**FAMILY RELATIONSHIP**

Does the patient care for someone else?

No

Yes

Is the patient cared for by someone else?

No

Yes

CURRENT ISSUES	CURRENT RISK FACTORS

**ALLERGIES/DRUG INTOLERANCE**

.....  
.....

**CURRENT MEDICATIONS**

(including prescription and over the counter and supplied by a doctor without prescription)

.....  
.....

**RELEVANT FAMILY MEDICAL HISTORY**

.....  
.....

**CONTINENCE**

IDENTIFIED ISSUES	ACTION



**Australian Government**  
**Department of Health**

**IMMUNISATION STATUS – INFLUENZA, TETANUS AND PNEUMOCOCCUS**  
(referring to current age/sex schedule)

<b>TYPE</b>	<b>DATE</b>	<b>TYPE</b>	<b>DATE</b>

**ACTIVITIES OF DAILY LIFE**

<b>IDENTIFIED ISSUES</b>	<b>ACTION</b>

**FALLS IN THE LAST 3 MONTHS**

<b>IDENTIFIED ISSUES</b>	<b>ACTION</b>

**NUTRITION**

<b>IDENTIFIED ISSUES</b>	<b>ACTION</b>

**ALCOHOL, TOBACCO AND OTHER SUBSTANCE USE**

<b>IDENTIFIED ISSUES</b>	<b>ACTION</b>

**HEARING LOSS**

<b>IDENTIFIED ISSUES</b>	<b>ACTION</b>



**Australian Government**  
**Department of Health**

VISUAL ACUITY (ask about clarity and comfort of vision at distance and near)

IDENTIFIED ISSUES	ACTION

COGNITION

IDENTIFIED ISSUES	ACTION

MOOD

IDENTIFIED ISSUES	ACTION

AVAILABILITY OF HELP

IDENTIFIED ISSUES	ACTION

CARING FOR ANOTHER PERSON

IDENTIFIED ISSUES	ACTION



**MEDICAL EXAMINATION**

BLOOD PRESSURE: .....

PULSE RATE AND RHYTHM: Normal  Abnormal

IDENTIFIED ISSUES	ACTION

WEIGHT: ..... HEIGHT: ..... BMI: .....

Weight circumference (if indicated): .....

IDENTIFIED ISSUES	ACTION

GUMS AND DENTITION: Normal  Abnormal

	ACTION

EAR AND HEARING: Otoscopy  Whisper test (if indicated)

IDENTIFIED ISSUES	ACTION

URINALYSIS

IDENTIFIED ISSUES	ACTION



**Australian Government**  
**Department of Health**

TRICHIASIS  (Note: Examine those people who have grown up in remote communities or have a history of 'sore or watery eye')

IDENTIFIED ISSUES	ACTION

SKIN

IDENTIFIED ISSUES	ACTION

ENVIRONMENTAL AND LIVING CONDITIONS

IDENTIFIED ISSUES	ACTION

VISUAL ACUITY      Normal       Abnormal  (Test near and distance visual acuity)

IDENTIFIED ISSUES	ACTION

**OTHER EXAMINATIONS CONSIDERED NECESSARY BY GP**

EXAMINATION	IDENTIFIED PROBLEMS	ACTION



**INVESTIGATIONS AS REQUIRED**

INVESTIGATION	TESTS DONE	TESTS ORDERED	ARRANGEMENTS(eg referral details)
Fasting blood sugar	<input type="checkbox"/>	Date /_/_/____	
Lipids	<input type="checkbox"/>	Date /_/_/____	
Pap Smear	<input type="checkbox"/>	Date /_/_/____	
STI	<input type="checkbox"/>	Date /_/_/____	
Mammography	<input type="checkbox"/>	Date /_/_/____	
Optometry	<input type="checkbox"/>	Date /_/_/____	
Other:.....			
.....			

**ASSESSMENT OF PATIENT**

(based on consideration of evidence from patient history, examination and results of any investigation)

EXISTING HEALTH ISSUES	IDENTIFIED RISK FACTORS

**INTERVENTION ACTION**

HEALTH ADVICE PROVIDED TO PATIENT

.....  
.....

OTHER ACTION (if any)

.....  
.....